

# HELPING CHILDREN WITH THEIR MENTAL HEALTH



- Are you a parent/carer who has experience caring for a child aged 5-12 years with a mental health problem while in primary or elementary school?
- Are you an advocate for better mental health?
- We need you to help us develop new guidelines on how to provide mental health first aid to children

*For more information please visit our survey website by scanning the QR code or following the link below*

<https://tinyurl.com/hjZyampz>

